



22nd October 2020

Dear Parent/Carer

As a part of your child's education at Treetops School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE at Primary and Learning for Life at Secondary) education programme. PSHE/Learning for Life education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

In line with new Government guidance, all secondary students will now be taking part in lessons based around Relationships and Sex Education (RSE) throughout the year as part of their PSHE lessons. In line with the needs of our students, the majority of lessons in PSHE/RSE will focus on Healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe and consent; developing self-esteem and confidence. Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE/Learning for Life education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website to see a subject policy and overview for more detail about our curriculum. All PSHE/Learning for Life teaching will take place in a safe learning environment and is underpinned by our school ethos and values.

We would like you to take the opportunity to visit the school website, become familiar with the PSHE/Learning for Life Policy and direct any questions you may have regards the policy and teaching of PSHE/Learning for Life to the Subject Lead.

As a school community, we are committed to working in partnership with parents; we always appreciate feedback and will take into consideration your views when planning and delivering content. If you would like to find out more please email pshe@treetops.thurrock.sch.uk

Yours sincerely,

Mr S Greene

Subject lead for Learning for Life

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