

WEEK 2 AUTUMN/ WINTER MENU 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS OPTION	PORK SAUSAGES VEGAN GRAVY	BEEF BOLOGNESE (GLUTEN FREE)	PERI PERI CHICKEN (NON SPICY) (GLUTEN FREE)	MACARONI CHEESE	BATTERED FISH
VEGETARIAN OPTION	VEGAN SAUSAGES VEGAN GRAVY (GLUTEN FREE)	MUSHROOM & LENTIL BOLOGNESE (GLUTEN FREE)	SOUTHERN FRIED QUORN FILLET	TOMATO PASTA (GLUTEN FREE)	JACKET POTATO (GLUTEN FREE)
POTATO/ CARB	MASHED POTATO (GLUTEN & DAIRY FREE)	SPAGHETTI PASTA (GLUTEN FREE PASTA AVAILABLE)	ROAST POTATOES (GLUTEN FREE)	GARLIC BREAD OR FRESH SALAD	CHIPS (GLUTEN FREE)
VEGETABLES	GARDEN PEAS OR BAKED BEANS	SLICED GREEN BEANS OR CAULIFLOWER	SHREDDED WHITE CABBAGE OR BROCOLLI	SWEET CORN OR CARROTS	PEAS OR BAKED BEANS
DESSERTS	YOGURTS ASSORTED FLAVOURS (GLUTEN FREE)	HOME MADE COOKIE (DAIRY FREE)	CHOCOLATE MOUSSE (GLUTEN FREE)	LEMON DRIZZLE (DAIRY FREE)	FLAP JACK (DAIRY FREE)

JACKET POTATOES ARE AVAILABLE DAILY, WITH A CHOICE OF TUNA, CHEESE OR BAKED BEANS.

SANDWICHES CHOICES AVAILABLE HAM, CHEESE OR, TUNA.