

WEEK 3 AUTUMN/ WINTER MENU 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS OPTION	BEEF BURGER	DICED PORK & BUTTERNUT SQUASH (GLUTEN FREE)	BBQ CHICKEN (GLUTEN FREE)	CHEESE AND TOMATO PIZZA AVAILABLE IN GLUTEN FREE	FISH FINGERS
VEGETARIAN OPTION	QUORN BURGER (GLUTEN FREE)	DICED QUORN AND BUTTERNUT SQUASH (GLUTEN FREE)	BBQ QUORN FILLET	QUICHE	VEGETABLE GOUJONS (GLUTEN FREE)
POTATO/ CARB	DICED POTATOES	RISOTTO	ROAST POTATOES	POTATO WEDGES	CHIPS
VEGETABLES	GARDEN VEGETABLES OR BAKED BEANS	SWEETCORN OR BROCOLLI	STEAMED BABY CARROTS AND SHREDDED WHITE CABBAGE	MIXED VEGETABLES OR GREEN BEANS	PEAS OR BAKED BEANS
DESSERTS	ICED SPONGE (CONTAINS MILK AND EGG)	CINNAMON SWIRLS	BANANA CAKE	RICE CRISPY CAKE	FRUIT CUPCAKES

JACKET POTATOES ARE AVAILABLE DAILY, WITH A CHOICE OF TUNA, CHEESE OR BAKED BEANS.

SANDWICHES CHOICES AVAILABLE HAM, CHEESE OR, TUNA.)