



27th January 2023

Dear Parent/Carer

DRESS TO EXPRESS DAY 10.2.23

Treetops Learning Community invites all students to celebrate '**Dress to Express Day**' on Friday 10th February 2023 to raise awareness of student wellbeing during Children's Mental Health Week.

All of our students can come to school in a choice of non-uniform that helps to express something about themselves.

Students could wear their favourite colour or a unique outfit to express how they are feeling. It can be as simple or elaborate as they like! Dress to Express is an opportunity for self-expression and celebrating a diverse range of emotions. The day also provides a great opportunity to be open about mental health and start conversations within your community.

We are requesting a £1.00 donation on the day which will go towards buying resources that will support wellbeing in school such as sensory toys, books and games.

Thank you for your continued support for our charity days.

Yours sincerely

TLC

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