

WEEK 1 SPRING – SUMMER MENU 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS OPTION	SWEET & SOUR CHICKEN (GLUTEN FREE OPTION AVAILABLE)	MEXICAN CHILLI CHICKEN (NON SPICY) (GLUTEN FREE)	ROAST CHICKEN WITH VEGAN GRAVY (GLUTEN FREE)	HAM & CHEESE SQUARES	FISH FINGERS
VEGETARIAN OPTION	SWEET & SOUR DICED QUORN	VEGETABLE CHILLI (GLUTEN FREE)	ROASTED QUORN FILLET	VEGGIE SQUARES	CAULIFLOWER BITES (GLUTEN FREE)
POTATO/ CARB OR SALAD	EGG NOODLES (GLUTEN FREE) RICE NOODLES	BARLEY RICE (GLUTEN FREE) LONG GRAIN	ROAST POTATOES (GLUTEN FREE)	POTATO WEDGES	CHIPS (GLUTEN FREE)
VEGETABLES	CAULIFLOWER OR MIXED VEGETABLES	BROCOLLI OR SWEETCORN	CARROTS OR WHITE CABBAGE	FARMHOUSE VEGETABLES OR SWEETCORN	PEAS OR BAKED BEANS
DESSERTS	VANILLA ICE CREAM	FRUIT YOGURTS	CHOCOLATE AND CHERRY CUPCAKES	FRUIT JELLY	HOME MADE COOKIE

JACKET POTATOES ARE AVAILABLE DAILY, WITH A CHOICE OF TUNA, CHEESE OR BAKED BEANS.

SANDWICHES CHOICES AVAILABLE HAM, CHEESE OR, TUNA.