

## WEEK 3 SPRING – SUMMER MENU 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS OPTION	MEATBALLS (GLUTEN FREE)	CHICKEN CASSEROLE	TERIYAKI STYLE ROAST CHICKEN (GLUTEN FREE)	CHEESE PIZZA	CHICKEN NUGGETS
VEGETARIAN OPTION	QUORN MEATBALLS	VEGGIE CASSEROLE	TERIYAKI STYLE QUORN FILLET	VEGETARIAN SAUSAGE ROLL	BATTERED QUORN STYLE FISH
POTATO/ CARB OR SALAD	SPAGHETTI  (GLUTEN FREE)	NEW POTATOES	ROAST POTATOES  (GLUTEN FREE)	POTATO WEDGES	CHIPS  (GLUTEN FREE)
VEGETABLES	SWEETCORN OR GARLIC BUTTER MUSHROOMS	MIXED VEGETABLES OR GREEN BEANS	CARROTS OR WHITE CABBAGE	BROCOLLI OR SALAD	PEAS OR BAKED BEANS
DESSERTS	STRAWBERRY MOUSSE	PEAR AND MAPLE TART	HOME MADE SHORTBREAD	CHOCOLATE SPONGE	FRUIT COCKTAIL

**JACKET POTATOES** ARE AVAILABLE DAILY, WITH A CHOICE OF TUNA, CHEESE OR BAKED BEANS.

**SANDWICHES** CHOICES AVAILABLE HAM, CHEESE OR, TUNA.